

ADVANCE REVIEWS OF GETTING OVER YOUR OVARIES BY LISA JEY DAVIS, AKA: ENDORSEMENTS OF THE KICK-ASS KIND

This is the FUN Part. Please READ IT

☆☆☆☆☆ from **Cady McClain, Two-Time Emmy Winning Actress, Artist and Writer:**
"Lisa Jey gives a no-holds-barred look at taking on the frustrations of menopause head on. Her witty writing will have you laughing out loud and shaking your head in wonder. Lisa shares her challenges and how she continues to overcome them in an inspiring way. If you are looking at the big "change of life" then this little book of wonderful advice is a must-have. There are so many tidbits to help you deal with what no woman wants to, but must. **If you are in that menopausal rage where your hormones are making you nuts, don't kill somebody! Pick up this book and have a hearty laugh!**"

"I would encourage any of my patients struggling with their own 'change-of-life' to read [Lisa Jey's] book and take her message to heart." - Layne Kumetz, M.D.

☆☆☆☆☆ from **Layne Kumetz, M.D., F.A.C.O.G., Obstetrics Gynecology and Fertility:**
"Lisa gives a brutally honest, endlessly humorous and tremendously inspiring view of Menopause ("Orchids"). Her story is full of easy and useful tips to combat the mental, physical and emotional changes she suffered with during this transition, and she shares them with her signature kick-em-in-the-butt approach. **I would encourage any of my patients struggling with their own "change-of-life" to read her book and take her message to heart.**"

☆☆☆☆☆ from **Dr. Luann Robinson Hull, MSW, LCSW, D. Min:** "Lisa Jey Davis is my hero! How I wish I had this book when I was going through all of the weird, wild, whacky stuff that she cleverly describes as the "orchid phase (menopause)." **Lisa's gritty optimism, practical wisdom and juicy wit all combine to make it a MUST READ if you are a woman living and breathing on planet earth.** Buy this book and learn to step into your own flowering orchid with some grace, grit, and attitude!"

☆☆☆☆☆ from **Suzanne Sena, Producer, Media Coach:** “This book is a lifesaver for any woman starting to experience hormonal changes and wondering what the heck is happening and how to “fix” it. **I’ve read it more than once**, from both the perspective of “that’s interesting” to a more personal, “Help me, LJ!” viewpoint when my own hormones took a dip. With hilarious, “she-did-not-just-say-that!” directness, Lisa Jey offers her signature straight-talking, entertaining perspectives on tackling the frustrations of menopause. Her **witty musings will both startle you and make you literally laugh out loud**. Forced into an early surgical menopause (or “Orchids,” as she chooses to call it), an unsuspecting Lisa Jey discovers an array of physical and emotional changes that come with it. Her experiences, insights and no-holds barred discussion on a “touchy” subject will be a revelation for some, and relief for others. Every woman can benefit from this honest and open expose on a topic that is generally kept “hush-hush. It’s the kind of direct conversation you might otherwise only expect from a big sister or best friend. Lucky for us, in her honesty, Lisa Jey befriends us all.”

☆☆☆☆☆ from **Deb Scott, BA, CPC, Award-Winning Author, Top Rated Host of The Best People We Know Show:** “**Lisa Jey Davis has created a mandatory read for every woman over 40, and I dare say, required reading for every medical doctor on planet earth.** A rare gem of knowledge to prepare every female for the facts about what will eventually happen to you as your hormones change with aging. Lisa clearly outlines these specific affects on your mind, body and spirit they never told you about in school or mainstream media, and how you can turn the tide of each in your favor. Filled with brutal truth and entertaining humor, I can’t give this book enough rave reviews as a gift for yourself or anyone you love!”

☆☆☆☆☆ from **H. Raven Rose, Screenwriter, Author and Award-Winning Speaker:** [Lisa Jey’s book] is **informative, inspiring and entirely hilarious—I grinned, I giggled and then I laughed out loud.** Written by an über talented, healthy, insanely busy, sexy author, fitness instructor and publicist in an entertaining and practical style, the book is entirely relevant for every woman expecting “orchids” AKA the change of life (and those expecting menopause in the next decade or so).

This tome is a course in advanced womanhood and it makes the unknown future less terrifying and more palatable, providing a set of tools to find (or gain) life balance. You’ll laugh as you make menopause/orchids “your BITCH” and deal with missing hormones, brain fog, ramped up fat cells, and other issues brought on by the change of life.

I loved the style of the book. Every female who wants to keep or regain her health, fit physique or youthful appearance, and wants the inside scoop on how to age with humor, grace, wisdom, increasing peace and beauty should read this book. ”